

## **Book suggestions from Betty Wright Riggins**

Howard Thurman, *Disciplines of the Heart*

Henry Nouwen, *A Spirituality of Homecoming*

Mark Nepo, *The Book of Awakening, Having the Life You Want by Being Present to the Life You Have*

Mark Nepo, *Finding Your Inner Courage*

Teresa A. Blythe, *50 Ways to Pray*